



Baby Food Making

- Learn how to safely introduce solids
- Learn to make nutritious baby food
- Recipes and samples to take home
- Chance to win a mini food processor!

Friday January 17, 2020
10:00 am - 12:00 noon
Port Sydney EarlyON Program
607 Muskoka Rd 10

*Partially funded through the generous support of
100 Women Who Care Muskoka*

Please register online at www.muskokafamilyfocus.com
or by calling 705-645-3027, ext 200



FREE Childcare may be available