



# Baby Food Making

- Learn how to safely introduce solids
- Learn to make nutritious baby food
- Recipes and samples to take home
- Chance to win a mini food processor!

Wednesday December 11  
10:00 am - 12:00 noon  
Port Sydney EarlyON Program  
607 Muskoka Rd 10

*Partially funded through the generous support of  
100 Women Who Care Muskoka*

Please register online at [www.muskokafamilyfocus.com](http://www.muskokafamilyfocus.com)  
or by calling 705-645-3027, ext 200



**FREE Childcare may be available**